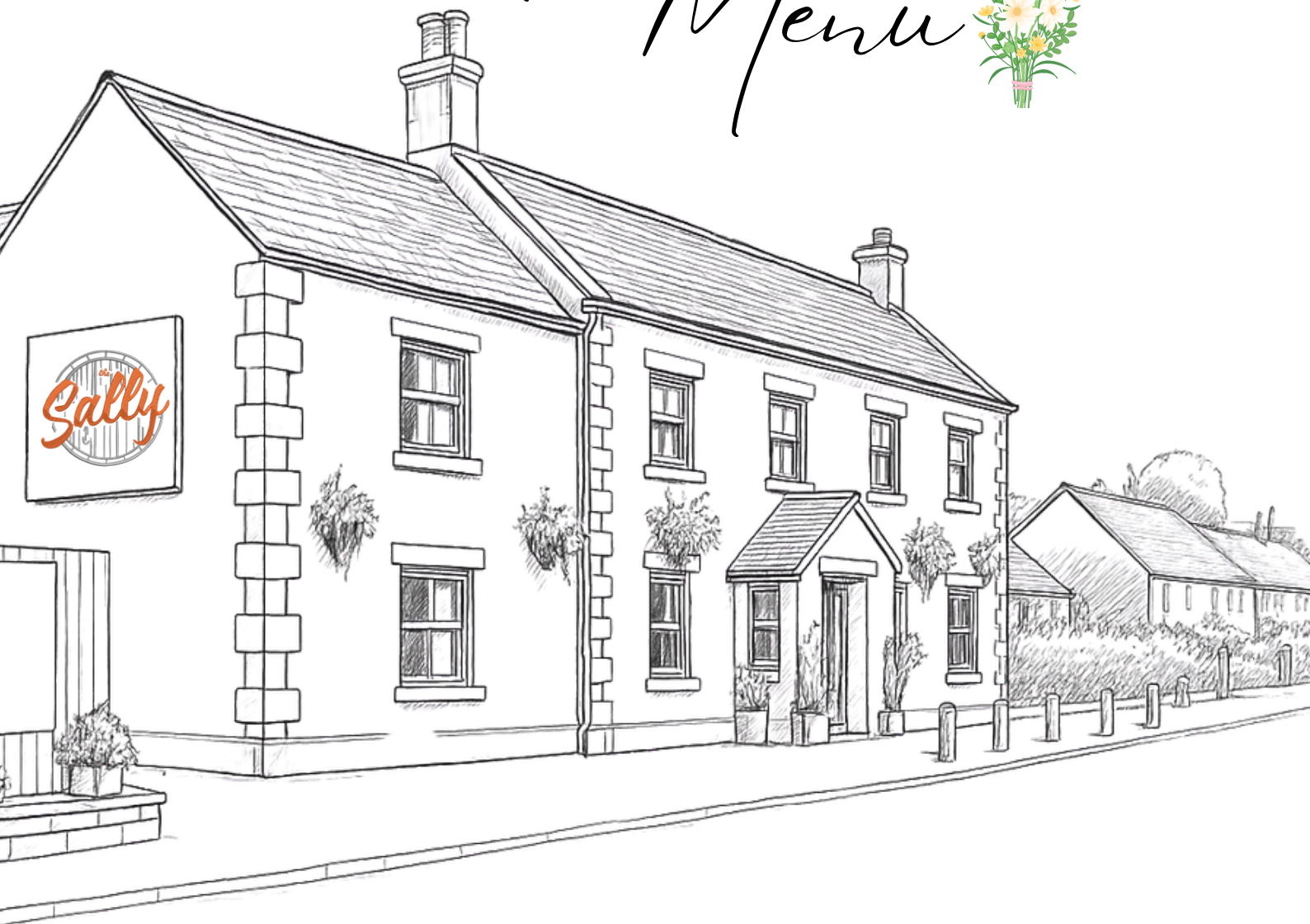


The Sally

Mother's Day Menu



Please Notify Your Server of any Allergies or Dietary Requirements

Sunday Starters

2 Courses £28
3 Courses £34

Pork & Apple Scotch Egg

Minted Peas, Black Pudding & Cider Puree

Crispy Calamari

Lime, Ginger & Wild Garlic Crème Fraîche
Jalapeno Salsa

Can be GF on Request

Lamb Shawarma

Homemade Hummus & Toasted Chickpea Salad,
Served With Warm Pitta

Can be GF on Request

Tomato, Fennel & Mascarpone Soup

Served with Farmhouse Bread & Salted Butter

Can be GF on Request

Salmon & Prawn Cocktail

Smoked Salmon, Atlantic Prawns, Iceberg Lettuce,
Bloody Mary Sauce & Wholemeal Bread

Can be GF/DF on Request

Heritage Tomato Bruschetta

Mozzarella Pearls, Balsamic Glaze With a Wild Garlic Pesto,
Served on Toasted Sourdough

Can be GF / DF on Request

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Sunday Roasts

2 Courses £28
3 Courses £34

Roast Rump of Cumbrian Beef
Served Medium Rare, With a Rich Beef Gravy

Noisettes of Fellside Lamb
Served With Port & Redcurrant Rosemary Sauce

Garlic & Herb Roasted Chicken
Sage & Onion Stuffing
With a Light Chicken Gravy

Pork Loin
With a Pork, Sage & Apple Stuffing, Served with Fennel
Crackling & Cider Gravy

Roasted Cauliflower Steak
Served With an Onion & Cranberry Sauce

Grilled Salmon
With a Smoked Haddock, King Prawn & Mussel Chowder

**All Roasts Served with a Yorkshire Pudding
Garlic & Rosemary Roasties, Buttery Mash & Seasonal Vegetables**

Most of Our Roasts can be adapted to be GF/DF on Request - Please Speak To Your Server



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Sunday Desserts

2 Courses £28
3 Courses £34

Sticky Toffee Pudding

With Butterscotch Sauce & English Lakes Vanilla Ice Cream

Can be GF on Request

Bramley Apple Crumble

Served with Cinnamon Ice Cream & Drizzled in Toffee Sauce

Chocolate Fudge Brownie

With Salted Caramel Sauce, Popcorn Pieces, Fresh Strawberries & Thunder & Lightning Ice Cream

White Chocolate Cheesecake

Peach Puree, Fresh Raspberries, Raspberry Sorbet, Topped with Toasted Almonds

Strawberry Eton Mess

Strawberry & Prosecco Mousse, Minted Strawberries & Chantilly Cream, Topped with Burnt Meringue

GF

Vanilla Rice Pudding

With Rhubarb Compote & Poached Rhubarb

GF

English Lakes Ice Cream

Choice of:

Vanilla

DAIRY FREE Vanilla

Strawberry

Thunder & Lightning

Chocolate

Cinnamon

Raspberry Sorbet



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